

Recent Books from Nepal – Dec 2023

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Archaeology/Anthropology

Spiti: The Gigantic Valley of Many-Hued Strata: Archaeological and Historical Research in the Western Himalaya / Yannick Laurent
Kathmandu: Vajra Books, 2023
2v.
ISBN (Vol 1): 9789937733335
ISBN (Vol 2): 9789937733328
\$ 125.00 (Set) / HB
4000gm.

This groundbreaking study focuses on the premodern capital of the Spiti Valley, Dangkhar, “perched on its crag, overlooking the gigantic valley of many-hued strata” in the words of Rudyard Kipling. From its incorporation into the Tibetan Empire in the 7th century until its annexation by British India in 1846, the Spiti Valley occupied a peripheral yet significant position on the map of South Asia. During this time, the Dangkhar settlement emerged as the political centre of this border valley.

Yannick Laurent draws on extensive fieldwork and historical archives to re-examine the constitutive elements of this site from its territory to its religious and political institutions. Over time, the Dangkhar settlement came to be referred to as ‘royal seat’ or ‘capital’ (rgyal sa) of Spiti. Sitting astride some of the most important trade and communication routes of the Western Himalayas, the Spiti Valley played a major role in the diffusion of ideas and the transfer of goods within the Indo-Tibetan border regions. In tracing both local and trans-regional patterns of continuity and change, this study contributes to refining a periodisation scheme which illuminates the various political, religious, and economic interactions which have shaped the history of the Western Himalayas.

Laurent’s investigation into the imperilled cultural heritage site of Dangkhar lays the foundations for the most detailed historical overview of Spiti to date.

<http://www.marymartin.com/web?pid=860799>

Biography / Memoirs

A Nepali’s American Odyssey / Ramesh Shrestha
Kathmandu, Nepal: Himal Kitab Pvt. Ltd., 2023
xii, 108p.
9789937597760
\$ 25.00 / PB
145gm.

“This evocative memoir takes you on time travel as a young Fulbright scholar explores the wide expanse of the U.S. in the mid-70s. Ramesh Shrestha’s clear-eyed account of the journey is filled

with poetic touches as he recalls his culture shock but also deep interest in traversing the country and absorbing experience wherever it presents itself. While Nepal has provided the stage for plenty of foreigners to document their adventures, there's very little in the way of literature about the reverse perspective – a Nepali chronicling life on the other side of the globe. This unique, sometimes subtle, voice glides across the scene while providing small sensory details that illuminate his cultural expedition in America. An academic assignment took him far from home but this book is anything but an academic read.”

– Brent Wiley

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“Ramesh’s tale of his two years as a Fulbright student scholar at Michigan State University is a mirror image of my own experiences as a Peace Corps Volunteer in Nepal from 1967 to 1970. ”

– Mike Gill

* * *

“Fun, honest, and thoughtful, Ramesh Shrestha’s Odyssey gives us a special view into the adventure and heartache of a Nepali free spirit’s travels to distant shores fifty years ago. A great way to see Nepal and the USA through a new set of eyes.”

– Tom Robertson

<http://www.marymartin.com/web?pid=860800>

Justice Stories: Meet Nepal’s Frontier Women / Barbara Nimri Aziz
Kathmandu, Nepal: Sanri-La Media Group Pvt. Ltd., 2023
100p.
9789937775564
\$ 10.00 / PB
80gm.

Fighting for justice is never easy. But long, long ago, two women, both from villages deep in the hills of Nepal, dared to call for fairness and equality, and an end to corruption. They struggled for their own rights; then they fought to win justice for others. They needed courage and a steadfast belief that change was possible. Records of their brave actions almost disappeared. But some traces remained. Yogmayo's and Durga Devi's excavated little-known history is hereby presented to young readers. They will learn how these Nepali women were part of a worldwide struggle of people seeking justice at the same time as them.

<http://www.marymartin.com/web?pid=860801>

Economics

Facts Of Nepal: 2023 Edition / (Advisor) Manish Jha
Nepal: FACTS Research & Analytics Pvt. Ltd., 2023
97p.
9789937141956
\$ 25.00 / PB
320gm.

FACTS 2023 book contains a wide range of facts and information from both domestic and international sources. This 2023 yearbook also includes informational charts (infographics) created by compiling data from various areas. This edition of the book includes insights and analysis of sectoral data covering areas such as the nation's social, economic, and cultural sectors. This edition covers 23 national and 19 international topics, providing the reader with comprehensive knowledge and insights into the country's economic, social, political, and developmental sector.

<http://www.marymartin.com/web?pid=860802>

History

Essays on Culture and History of Bhaktapur: The Capital of the Malla Nepal Mandala / Sudarshan Raj Tiwari
Patan, Nepal: Rich Publishers, 2023
202p.
Include Index.
9789937143486
\$ 55.00 / PB
710gm.

This book seeks to present the larger story of historical and cultural evolution of the town, the palace and the public places seeking to reveal the physical and social context of their development, planning and architecture through a peek at the times and personalities of history, which have been critical in shaping them.

<http://www.marymartin.com/web?pid=860803>

Music Myth & Melody: A Brief History of Nepal Music / Prof. Dhruv Chandra Regmi, Ph.D.
Nepal: Bookhill Publication Pvt. Ltd., 2023
xviii, 248p.
9789937753418
\$ 30.00 / HB
365gm.

The tradition of music in Nepal is associated with the Vedic music, which originated at a time when borders were not drawn among the modern states. Bharat Natyashastra, the first authentic musical text, speaks about the existence of classical (Desi) music in various countries of the erstwhile Bharat Barsha Anga, Banga, Kalinga, Batsa, Awadh, Maghad, P d, Paundrha, Nepal, and their surrounding regions. In the modern world, Nepal remains the only sovereign country of the ancient Indian Subcontinent having deep roots in the classical music.

The rulers of different dynasties in Nepal have linked music with religion and harnessed the power of music as a tool to govern the country. The kings, royal palaces and temples functioned as cradles as well as patrons and connoisseurs of religion, culture and musical activities. With solid foundations laid in the Lichchavi period, the cultural activities in and around the Kathmandu Valley during the Malla period followed by Shah and Rana period helped elevate Nepal's musical and cultural traditions to greater heights. The first of its kind, Music, Myth and Melody written by the musical virtuoso of the esteemed Regmi Gharana, Prof. Dr. Dhruv Chandra Regmi takes you on a journey through the rich history of Nepali classical music. Based on authentic historical facts and evidence, the book explores the classical and folk forms of music, dance and socio-cultural traditions in different periods that have bound the country and its people since many centuries.

<http://www.marymartin.com/web?pid=860815>

Law

Principle and Practice of Administrative Law: Nepali Perspective / Laxmi Prasad Kharel
Kathmandu, Nepal: Kharel Kanunu Sewa Tatha Anusandhan Kendra, 2023
360p.
9789937143745
\$ 40.00 / PB
395gm.

<http://www.marymartin.com/web?pid=860816>

Literature

Friendship (A Social Novel) / Chandra Kanta Acharya
Kathmandu, Nepal: Nepal World Peace Development Society, 2023
248p.
9789937143271
\$ 18.00 /PB
75gm.

The book 'Friendship' takes the readers to different geographical locations in Nepal leading the readers to enjoy the different terrains and nature in different parts of Nepal as well as other parts of the world. Blended in the beauty of different locations in Nepal and abroad are the stories of different relationships, friendship, romance of young men and women who are striving to uplift the social and economic condition of not just their country but of the wider world. The book revolves around a young woman, who goes into political activism right after High School but then gets inspired to work toward eradication of HIV/AIDS due to the influence of another central character, that of a young man. The romance that ensues and the friendship that forms between them and the characters of all the other young people in the book who live in Nepal and other parts of the world, the bond between them, their hopes and dreams, their love and friendship make this book enjoyable for a wider international audience. We are grateful to get the opportunity to bring this endearing tale of longing and loss, love and friendship to a wider audience. The book which was published in Nepali many years ago and translated by Dr. Govinda Raj Bhattarai went through a long period of editing. We at Nepal World Peace Development Society are proud to be finally presenting it to the readers in English. We apologize for any errors that may have been overlooked in the edits as well as any difficulty the reader may experience in understanding Nepali geographical locations or nuances of Nepali culture and language in the book.

<http://www.marymartin.com/web?pid=860817>

A Young Wandering Mudlark In Old Kathmandu: A Fact 'N' Fiction Novel / Peter J Karthak
Kathmandu, Nepal: FinePrint Pvt. Ltd., 2023
416p.
9789937790055
\$ 35.00 / HB
615gm.

Set against the backdrop of 1968 to 1972, this riveting autofiction follows the life of John as he navigates the vibrant streets of Kathmandu, leaving behind his roots in Darjeeling. The lead guitarist of The Hillians, dubbed as "the Beatles of Sikkim" by Time magazine, John finds himself transported to Kathmandu, a city yet untouched by the excesses of modernity but embraced by hippies in search of spiritual solace, often found in cannabis and Eastern wisdom. It is within Kathmandu's tapestry that John forges his new path, initially as a trainee croupier at Casino Kathmandu, the sole licensed gaming establishment between Beirut and Macao, all the while nursing his dreams of becoming a novelist.

Amid this chronicle of self-discovery, readers encounter a colorful array of characters—a wispy hippini, sustaining herself on a concoction of vanilla curd and copious amounts of sugar for vitality on a shoestring budget; the eccentric Ranas, seeking thrills within the casino's dens; American GIs on furlough from the turmoil of the Vietnam War- enlivening the narrative.

Through prose that dances with delight, the narrative paints an exquisite portrait of a city poised on the brink of transformation.

<http://www.marymartin.com/web?pid=860818>

Official Publications

Monetary Policy for 2022/23 (Unofficial Translation) [Nepal]
Kathmandu: Nepal Rastra Bank, Central Office, 2022

1v.

\$ 30.00 / PB

194gm.

<http://www.marymartin.com/web?pid=854669>

National Population and Housing Census 2021, Volume 01: National Report [Nepal]
Kathmandu: National Statistics Office, 2023

1v.

9789937132213

National Population and Housing Census 2021

\$ 90.00/ PB

1548gm.

<http://www.marymartin.com/web?pid=860819>

National Population and Housing Census 2021: National Report on Caste/Ethnicity,
Language and Religion [Nepal]

Kathmandu: National Statistics Office, 2023

1v.

National Population and Housing Census 2021

\$ 75.00/ PB

1288gm.

<http://www.marymartin.com/web?pid=860820>

National Population and Housing Census 2021: Report on Urban/Rural Municipality
[Nepal]

Kathmandu: National Statistics Office, 2023

1v.

National Population and Housing Census 2021

\$ 75.00/ PB

1438gm.

<http://www.marymartin.com/web?pid=860821>

National Population and Housing Census 2021: Report on Post Enumeration Survey (PES)
[Nepal]

Kathmandu: National Statistics Office, 2023

1v.

National Population and Housing Census 2021

\$ 50.00/ PB

350gm.

<http://www.marymartin.com/web?pid=860822>

National Population and Housing Census 2021: A Report on Maternal Mortality [Nepal]
Kathmandu: National Statistics Office & Ministry of Health and Population, 2023

1v.

9789937133012

National Population and Housing Census 2021

\$ 60.00/ PB

230gm.

<http://www.marymartin.com/web?pid=860823>

National Population and Housing Census 2021, Provincial Report: Sudurpaschim Province [Nepal]

Kathmandu: National Statistics Office, 2023

1v.

National Population and Housing Census 2021

\$ 75.00/ PB

926gm.

<http://www.marymartin.com/web?pid=860824>

National Population and Housing Census 2021, Provincial Report: Madhesh Province [Nepal]

Kathmandu: National Statistics Office, 2023

1v.

National Population and Housing Census 2021

\$ 75.00 / PB

1272gm.

<http://www.marymartin.com/web?pid=860825>

National Population and Housing Census 2021, Provincial Report: Lumbini Province [Nepal]

Kathmandu: National Statistics Office, 2023

1v.

National Population and Housing Census 2021

\$ 75.00 / PB

118gm.

<http://www.marymartin.com/web?pid=860826>

National Population and Housing Census 2021, Provincial Report: Koshi Province [Nepal]

Kathmandu: National Statistics Office, 2023

1v.

National Population and Housing Census 2021

\$ 75.00 / PB

1136gm.

<http://www.marymartin.com/web?pid=860827>

National Population and Housing Census 2021, Provincial Report: Gandaki Province [Nepal]

Kathmandu: National Statistics Office, 2023

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National Population and Housing Census 2021

\$ 75.00/ PB

930gm.

<http://www.marymartin.com/web?pid=860828>

National Population and Housing Census 2021, Provincial Report: Bagmati Province [Nepal]

Kathmandu: National Statistics Office, 2023

1v.

National Population and Housing Census 2021

\$ 75.00/ PB

1250gm.

<http://www.marymartin.com/web?pid=860829>

National Population and Housing Census 2021, Provincial Report: Karnali Province [Nepal]

Kathmandu: National Statistics Office, 2023

1v.

National Population and Housing Census 2021

\$ 75.00 / PB

886gm.

<http://www.marymartin.com/web?pid=860830>

National Economic Census 2018: National Report – Report No. 1-1 by Industry

Kathmandu: Central Bureau of Statistics, 2019

1v.

9789937061513

National Economic Census 2018 [Nepal]

\$ 65.00/ PB

572gm.

<http://www.marymartin.com/web?pid=860831>

National Economic Census 2018: National Report – Report No. 1-2 by Size of Persons Engaged

Kathmandu: Central Bureau of Statistics, 2019

1v.

9789937063579

National Economic Census 2018 [Nepal]

\$ 65.00/ PB

472gm.

<http://www.marymartin.com/web?pid=860832>

National Economic Census 2018: National Report – Report No. 1-3 by Province and District

Kathmandu: Central Bureau of Statistics, 2019

1v.

9789937068215

National Economic Census 2018 [Nepal]

\$ 75.00 / PB

736gm.

<http://www.marymartin.com/web?pid=860833>

National Economic Census 2018: National Report on Revenues/Sales, Expenses, and Profit and Loss – Report No. 2-1 by Industry

Kathmandu: Central Bureau of Statistics, 2020

1v.

National Economic Census 2018 [Nepal]

\$ 65.00 / PB

442gm.

<http://www.marymartin.com/web?pid=860834>

National Economic Census 2018: National Report on Revenues/Sales, Expenses, and Profit and Loss – Report No. 2-2 by Size of Persons Engaged

Kathmandu: Central Bureau of Statistics, 2020

1v.

National Economic Census 2018 [Nepal]

\$ 65.00 / PB

450gm.

<http://www.marymartin.com/web?pid=860835>

National Economic Census 2018: National Report on Revenues/Sales, Expenses, and Profit and Loss – Report No. 2-3 by Province and District

Kathmandu: Central Bureau of Statistics, 2020

1v.

National Economic Census 2018 [Nepal]

\$ 65.00 / PB

600gm.

<http://www.marymartin.com/web?pid=860836>

National Economic Census 2018: National Report on Salaries and Wages – Report No. 3-1 by Industry

Kathmandu: Central Bureau of Statistics, 2020

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National Economic Census 2018 [Nepal]

\$ 65.00 / PB

398gm.

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National Economic Census 2018: National Report on Salaries and Wages – Report No. 3-2 by Size of Persons Engaged

Kathmandu: Central Bureau of Statistics, 2020

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National Economic Census 2018 [Nepal]

\$ 65.00 / PB

466gm.

<http://www.marymartin.com/web?pid=860838>

National Economic Census 2018: National Report on Salaries and Wages – Report No. 3-3
by Province and District

Kathmandu: Central Bureau of Statistics, 2020

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National Economic Census 2018 [Nepal]

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640gm.

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National Economic Census 2018: National Profile – Profile No. 1 by Province

Kathmandu: Central Bureau of Statistics, 2020

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National Economic Census 2018 [Nepal]

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National Economic Census 2018: National Profile – Profile No. 2 on Industry and
Employment

Kathmandu: Central Bureau of Statistics, 2020

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National Economic Census 2018 [Nepal]

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922gm.

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National Economic Census 2018: National Profile – Profile No. 3 on Revenues/Sales

Kathmandu: Central Bureau of Statistics, 2020

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National Economic Census 2018 [Nepal]

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382gm.

<http://www.marymartin.com/web?pid=860842>

National Economic Census 2018: Analytical Report: Energy and Environmental Industries

Kathmandu: Central Bureau of Statistics, 2021

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9789937088206

National Economic Census 2018 [Nepal]

\$ 65.00 / PB

382gm.

<http://www.marymartin.com/web?pid=860843>

National Economic Census 2018: Analytical Report No. 1: Analysis on 18 Industries

Kathmandu: Central Bureau of Statistics, 2020

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National Economic Census 2018 [Nepal]
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516gm.
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National Economic Census 2018: Analytical Report No. 2: Comparative Analysis by Industry
Kathmandu: Central Bureau of Statistics, 2020
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National Economic Census 2018 [Nepal]
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294gm.
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National Economic Census 2018: Provincial Summary Report, Province 1
Kathmandu: Central Bureau of Statistics, 2019
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National Economic Census 2018 [Nepal]
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<http://www.marymartin.com/web?pid=860846>

National Economic Census 2018: Ward Profile
Kathmandu: Central Bureau of Statistics, 2020
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National Economic Census 2018 [Nepal]
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636gm.
<http://www.marymartin.com/web?pid=860847>

National Economic Census 2018: Ward Profile No. 2 – Urban Municipality
Kathmandu: Central Bureau of Statistics, 2021
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National Economic Census 2018 [Nepal]
\$ 100.00/ PB
936gm.
<http://www.marymartin.com/web?pid=860848>

Economic Census Atlas – Nepal
Kathmandu: Central Bureau of Statistics, 2021
1v.
9789937088237
National Economic Census 2018 [Nepal]
\$ 75.00/ PB
526gm.

<http://www.marymartin.com/web?pid=860849>

National Sample Census of Agriculture Nepal, 2021/22: National Report
Kathmandu: National Statistics Office, 2023

1v.

\$ 55.00/ PB

424gm.

<http://www.marymartin.com/web?pid=860850>

Politics / Current Affairs

Nepal-India Cross Border Relations In The Contemporary Context / (Eds) Vijay Kant Karna & Arpan Gelal

Nepal: Centre for Social Inclusion and Federalism (CESIF), 2022

180p.

9789937126922

CESIF Research Series

\$ 20.00 / PB

265gm.

This issue of research series primarily engages in analyzing the various dynamics of Nepal's cross-border relations with India in the changed geopolitical scenario and bilateral relations with Nepal's Southern neighbor. This series analyzes Nepal India migration governance and threats associated with migration dynamics along with the perceptions and GESI dynamics of border. It also includes analysis of the changing perceptions and functions of the Nepal-India border and identifies ways to strengthen people-to-people cross border relations at the state and people's level. We believe the findings of these studies will be instrumental to understand the changing dynamics of Nepal India cross border relations and aid the formulation of relevant policies to strengthen the state and people to people cross border ties.

<http://www.marymartin.com/web?pid=860851>

Foreign Engagements In Nepal And Nepal-China Cross Border Relations / (Eds) Vijay Kant Karna & Arpan Gelal

Nepal: Centre for Social Inclusion and Federalism (CESIF), 2022

144p.

9789937126915

CESIF Research Series

\$ 20.00 / PB

215gm.

With the implementation of the new constitution and institutionalization of democracy, governments at various levels in Nepal are currently engaged in driving the agenda of prosperity. Nepal's interests in pursuing infrastructure development, connectivity and foreign direct investment have intersected with the strategic interests of great and emerging powers. Geopolitical competition at the international level between great and emerging powers as well as renewed hostilities between India and China has become an additional matter of concern for Nepal as it seeks to pursue development cooperation and projects of connectivity. Engaging in regional connectivity and development cooperation has implications for a country's strategic and security interests. Nepal needs to develop the capacity to balance its national and strategic interests while pursuing foreign policy, projects of regional connectivity, development cooperation, and foreign-direct investments. This issue of publication primarily engages in analyzing the various dynamics of

foreign engagements at federal and provincial levels in Nepal, the interreaction between geopolitics and Nepal's quest for infrastructure development, and recent trends in Nepal-China cross border relations.

<http://www.marymartin.com/web?pid=860852>

Religion- Buddhism

Letters to Kathryn: Gods and Buddhas of the Japanese Landscape / Musashi Tachikawa,
(Translated by) Kathryn W. Sparling

Kathmandu, Nepal: Vajra Publications Inc. Pvt. Ltd, 2023

viii, 200p.

9789937624343

\$ 25.00 / PB

245gm.

<http://www.marymartin.com/web?pid=860853>

Buddhism in Tibet and the Himalayas: Texts & Traditions: Second Volume / Franz-Karl Ehrhard
Nepal: Lumbini International Research Institute, 2023

1v.

9789937143516

\$ 55.00 / PB

1900gm.

<http://www.marymartin.com/web?pid=860854>

Buddhist Cave Sanctuaries / Michael Beck

Kathmandu: Vajra Books, 2023

1v.

9789937733342

\$ 40.00 / HB

850gm.

Actually there are countless cave sanctuaries of many different cultures scattered all around the world and even if one will set a focus only on Buddhist cave sanctuaries one will find thousands of different sites. Numerous books could be filled up with explanations, images and plans showing only the most important cave sanctuaries of the Buddhist culture. Why a single book about these spiritual influenced places? The intention of the present book was neither the elaboration of a comprehensive encyclopedia nor a book with scientific claim. Much more the primary aim of the project was the idea of a picture book, which shows only a few but impressive and unique sites of the essentially countries, regions and cultures where Buddhist spirituality was alive in history or is still alive till today. As well as some hardly known and less documented sites one will find some well-known ensembles inside this book, as Ajanta and Ellora in India. However, even if historical places like Ajanta and Ellora are well known all over the world, there are not so much books available as one would expect. The present book allows a little view inside the wide range of spiritual art, which represents one religion in various cultures, epochs and alignments. Finally it could be an encouragement to visit some of the places which are shown inside the book, but as well a memory for those who have been at these sites. For myself it is more-it is a memory of numerous travels into unique worlds of history, arts and spirituality, but as well it is a memory of countless views onto many aspects of the present life. Worlds where I met wonderful people – locals, tourists, scholars, monks, where I found sympathetic people and friends as well as an essentially part of the fulfillment of my interests in historical arts and architecture. The book will take one on a unique journey, leading to India – where Buddhism got its origin and to the most important countries where Buddhism spread out over Asia, sometimes interwoven with other

spiritual cultures like Hinduism and Jainism as well as with animistic and shamanistic belief in local spirits.

<http://www.marymartin.com/web?pid=860855>
